

# Examples: Conditions and Medications Subject to Step Therapy



CONDITION / DRUG CLASS	MEDICATIONS
Allergy / Asthma	Astupro, Beconase, Dymista, Nasarel, Nasocort AQ, Omnaris, Patanase, Qnasl, Rhiocort Aqua, Singulair, Zetonna
ALS (Lou Gehrig's Disease)	Rilutek
Alzheimer's Drugs	Aricept 5mg, Aricept 10mg, Aricept 23 mg, Aricept ODT, Exelon Patch
Anaphylaxis Drugs	Auvi-Q
Androgen Drugs	Androderm, Axiron, Fortesa, Striant, Testim, Testopel
Antiangular Drugs	Ranexa
Anticoagulant Drugs	Eliquis, Lovenox
Anticonvulsant Drugs	Depakote, Depakote ER, Depakote Sprinkle, Kepra, Kepra XR, Lamictal ER, Oxtellar, Topamax
Antidiarrheal Drugs	Fulyzaq
Antidiuretic Drugs	DDAVP
Antiemetic Drugs	Diclegis
Antihypertensive Drugs	Atacand, Avalide, Avapro, Benicar, Cozaar, Diovan, Edarbi, Hyzaar, Micardis, Nexilon, Norvasc, Nymalize, Tekamlo, Tekturna, Teveten, Valturna, Vecamyl
Antihypertensive Combinations	Amturnide, Atacand HCT, Azor, Benicar HCT, Diovan HCT, Edarbyclor, Exforge, Exforge HCT, Lotrel, Micardis HCT, Teveten HCT, Tribenzor, Twynsta
Antilipidemic Drugs	Altopen, Antara, Caduet, Crestor, Fenofibrate, Fenoglide, Fibrinol, Juxtapid, Kynamro, Lescol XL, Lipfen, Lipitor, Liptruzet, Livalo, Lofibra, Lopid, Tricor, Triglide, Trilipix, Vytorin, Welchol
Antipsychotic Drugs	Abilify Maintenna, Fanapt, Geodon, Invega, Invega Sustenna, Latuda, Risperdal, Risperdal Consta, Risperdal M, Saphris, Seroquel, Zyprexa Zydis
Bronchodilators	Advair Diskus, Advair HFA, Breo Ellipta, Maxair Autohaler, Venolin HFA, Xopenex, Xopenex HFA
Cancer Drugs	Afinitor, Arimidex, Femara, Inlyta, Nexavar
Chronic Constipation	Amitiza, Linzess
Chronic Obstructive Pulmonary Disease (COPD)	Brovana, Daliresp
Class II Long-Acting Narcotics	Avinza, Exalgo, Kadian
CNS Stimulants / ADHD Drugs	Adderall XR, Concerta, Desoxyn, Dexedrine, Focalin, Focalin XR, Intuniv, Kapvay, Kapvay Dose Pack, Metadate CD, Methylin, Procentra, Quillivant XR, Ritalin, Ritalin LA, Ritalin SR, Straterra, Zenzedi
Contraceptives	Loseasonique, Quatette, Seasonique
Cystinosis	Procsibs
Depression	Aplenzin, Celexa, Cymbalta, Desvenlafaxine ER, Effexor XR, Fluoxetine 60 mg, Fofivo XL, Lexapro, Luvox CR, nefazodone, Oleptro, Paxil, Paxil CR, Pexeva, Pristiq, Prozac, Prozac Weekly, Remeron, Remeron Solutab, Sarafem, sertraline, Venlafaxine ER, Viibryd, Viibryd Kit, Wellbutrin, Wellbutrin, Wellbutrin SR, Wellbutrin XL, Zoloft

CONDITION / DRUG CLASS	MEDICATIONS
Diabetes	Actoplus Met, Actoplus Met XR, Actos, Duetact, Invokana, glucose test strips, Kazano, Nesina, Novolin, Oseni, Prandin, Relion
Erectile Dysfunction	Levitra, Staxyn, Viagra
Gastroesophageal Reflux (GERD)	Helidac, Prevac
Gout Drugs	Uloric
Growth Hormone	Genotropin, Humatrop, Norditropin, Nutropin, Nutropin AQ, Nutropin Nuspin, Saizen, Tev-Tropin
Fibromyalgia	Cymbalta, Lyrica, Savella
Hemostatics	Lysteda
Herpes	Valtrex
HIV/AIDS	Combivir, Zerit, Ziagen, Viramune
Migraine Headache	Alsuma, Amerge, Axert, Frova, Imitrex, Maxalt, Maxalt MLT, Migranal, Relpax, Sumavel, Treximet, Zomig, Zomig ZMT
Multiple Sclerosis	Avonex, Aubagio, Betaseron, Extavia, Gilenya, Tecfidera, Tysabri
Muscle Relaxants	Amrix, Fexmid
Oral Diabetic Drugs	Fortamet ER, Glumetza, Invokana, Kombiglyze XR, Kozano, Nesina, Onglyza, Oseni
Neuropathic Pain	Gralise
Non-Steroidal Anti-Inflammatory Agents (NSAIDS)	Duexis, Naprelan, Pennsaid, Sprix NS, Vimovo, Voltaren Gel
Oral Antifungals	Oravig
Osteoporosis Drugs	Actonel, Actonel + Calcium, Atelvia, Binosto, Boniva, Boniva Injection, Fosamax Plus D, Reclast, Zometa
Over-Active Bladder Drugs	Detrol, Detrol LA, Enablex, Gelnique, Myrbetriq, Oxytrol, Sanctura, Sanctura XR, Toviaz, Vesicare
Pain	Avinza, Conzip, Duragesic, Exalgo, Fentora, Kadian, Lazanda, Nucynta, Onsolis, Opana, Opana ER, Suboxone Film, Subutex, Sybys Spray
Pancreatic Enzymes	Pertyze, Ultresa, Viokace
Parkinson's Disease	Mirapex, Mirapex ER, Requip, Requip XL
Phosphate Binders	Phoslo, Renagel
Platelet Aggregation Inhibitor	Plavix
Prostatic Hypertrophy	Flomax, Uroxatral
Proton Pump Inhibitors	Aciphex, Nexium, Prevacid, Prevacid Solutab, Rx-Prevacid, Protonix, Prilosec, Zegerid
Psoriasis / Eczema	Davonex, Sorilux, Stelara
Sedative / Hypnotics	Ambien, Ambien CR, Edluar, Intermezzo, Rozerem, Silenor, Sonata, Zolpimist
Steroids - Glucocorticosteroids	Entocort EC, Veripred
Topical Acne	0.3% Gel, Acanya, Atralin, Benzaclin, Benzamycin, Benzefoam Ultra, Differin 0.1%, Duac, Retin A, Tretin-X, Veltin
Topical Anesthetics	Lidoderm
Glaucoma	Lumigan, Travatan, Travatan Z, Xalatan, Zioptan
Topical Corticosteroids	Clobex, Cutivate, Desonate, Locoid, Locoid Cream, Luxiq, Olux, Olux-E, Vanos, Verdeso
Topical Dermatologics	Calcitrene, Evoclin, Sorilux
Tuberculosis	Sirturo

\*Source: publicly available step therapy protocols used by [ConnectiCare](#), [Cigna](#), and [Aetna, Inc.](#)