

Step Therapy

Insurance companies have policies, such as step therapy, that are designed to help control costs but sometimes block patients' access to medications and limit the decision making of patients and physicians¹

STEP THERAPY requires patients to¹:

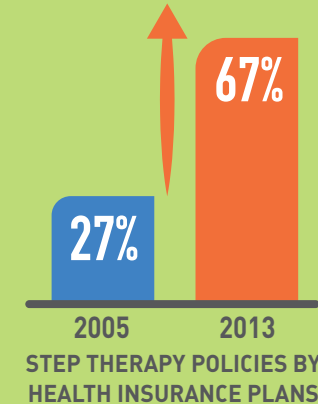


There is little oversight and few regulations that require insurers to prove the effectiveness of their step therapy policies in ensuring quality patient care

In some cases, patients must step through FDA branded boxed warning drugs before being prescribed FDA branded non-boxed warning drugs²

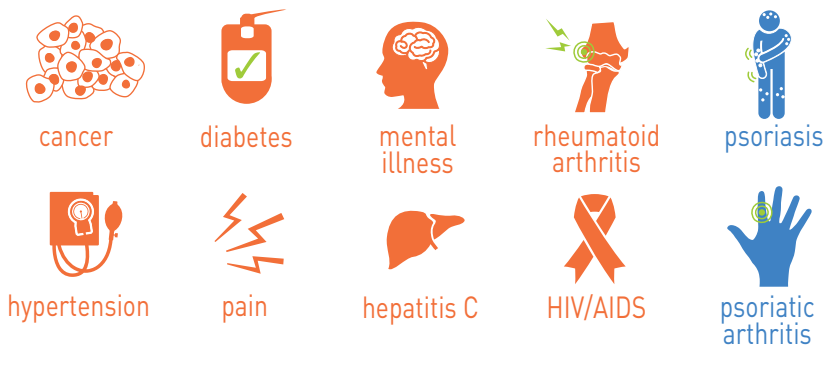
WARNING

STEP THERAPY is on the rise¹:

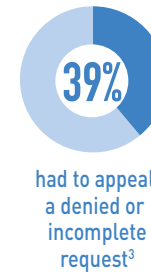


THESE POLICIES MAY NOT TAKE INTO ACCOUNT A PERSON'S MEDICAL SITUATION OR HISTORY

Major health conditions affected by STEP THERAPY¹:



FOR EXAMPLE:
Patients with psoriasis and psoriatic arthritis, treatment access was delayed or denied



If you or a loved one has been affected by step therapy, speak with an advocacy group in your disease area. Visit www.prescriptionprocess.com/steptherapy for more information/tips and to share your story.

REFERENCES:

1. Nayak, R., Pearson, S. The Ethics Of 'Fail First': Guidelines And Practical Scenarios For Step Therapy Coverage Policies. *Health Affairs*. 2014; 33(10): 1779-1785.
2. Branning, G., Schaars, R., Hournung, J., et al. Formulary Management of Branded Boxed Drugs and Non-Boxed Warning Drugs within Therapeutic Categories. Abstract 40204. Data presented at the International Society for Pharmacoeconomics and Outcomes Research 20th Annual International Meeting; May 16-20, 2015, Philadelphia.
3. Covance. Otezla Support Plus. February 2015
4. Dermatology Nurses Prior Authorization Advisory Board. Macon, GA. Feb 2015